

Table of Covered Sports

Type	Sports
Ball Games	Badminton
Ball Games	Golf
Ball Games	Table Tennis
Ball Games	Tennis
Ball Games	Billiard / Snooker
Ball Games	Baseball
Ball Games	Volleyball
Ball Games	Football
Ball Games	Basketball
Ball Games	Bowling
Ball Games	Squash
Land sports	Hiking
Land sports	Running (≤ 10 km)
Aquatics	Swimming
Aquatics	Canoeing
Aquatics	Windsurfing
Aquatics	Surfing
Aquatics	Wakeboarding
Aquatics	Wakesurfing
Martial arts	Taekwondo
Martial arts	Karate
Martial arts	Muay Thai
Aerobic exercise	Yoga
Aerobic exercise	Cycling
Aerobic exercise	Rope skipping
Aerobic exercise	Dancing
Aerobic exercise	Aerobics
Others	Fitness / Body workout / Gym workout
Others	Archery
Others	High intensity interval training (HITT) workout
Others	Weightlifting
Others	Gymnastics
Others	Ice skating